



The Village Idiot

Newsletter of the Barony of Windhaven

August AS XLIV

Minutes of the July Business Meeting

July 19, 2009

3:00 - Memorial Park, Appleton, WI

Seneschal's Report: Lady Elspeth reported that the Society Webminister position is open. The new Northshield t-shirts are available from Mistress Tatiana. The design on them is very impressive. Rolynd will get remaining Northshield hats from THL Friedrich to sell at Poor Man's Pennsic.

Chancellor of the Exchequer's Report: Lady Giana was not in attendance. Current fund balances include around \$5,000 plus interest in CD's and balance in checking is not available.

Herald's Report: Lady Eva reported that her quarterly report was filed.

Chronicler's Report: THL Mearha reported that the Village Idiot was published on July 1. She has been receiving articles from Brother Coenred and Raven Moonseer on botanical topics. She is always open to articles, artwork, and "important news" that people would like to have included in the newsletter. Deadline is 5 days before end of month.

Chatelaine's Report: Lady Gwen reported that she received info about a demo at a harvest fest in Oconto in September.

MOAS Report: Baroness Leaina reported that her quarterly report was submitted on time.

Knight's Marshal's Report: Lord Kagemori has been organizing unofficial fighter practices on Sunday mornings at Memorial Park.

Archery Captain's Report: No report was submitted.

Rapier Captain's Report: Kurios Charismos was not in attendance. No report was submitted. Rapier practices have been held on Tuesday night's at 6:00 pm at Memorial Park.

Baron's Report: Baron Grimmund attended WW & Border Skirmish. At WW, Leaina received a Griffin's Sword & THL Friedrich was put on vigil for Pelican, to be elevated at Crown Tourney. If members of the barony know of people who should receive awards they should get award recommendations in.

Old Business:

- Neenah Farmer's Market Demo – this will run from 9-12. Setup time is 8:30.
- Fall Crown – The ad is in the August Northwatch. A block of rooms is reserved at the Comfort Inn. Rolynd has volunteered to be in charge of cleanup crew. Feast menu is mostly worked out but needs a little tweaking.
- Bardic Madness – The bid will be submitted to Mistress Eliane when site can be confirmed. Will be talking to Skerjastromd about doing lunch.
- Fighter's School – Master Lancelot was not present to report on Jaravellir's proposal for Fighter's School.

New Business:

- Moot – An A&S Moot will be held on 8/29. Topics of interest that were expressed for the moot were C&I, documenting research,

and how to enter an A&S competition. Mearha & Raven will work on finding a site and organizing the moot. A potluck meal will be part of the gathering.

- Knight's Marshal – Baron Grimmund reported that the GKM does not have to be warranted. Kagemori has expressed an interest in taking the position. Baronial policy requires that the position be listed in Idiot and he needs to be here to be elected.
- Lady Elspeth wants to see the barony consider doing a camping event again in 2011. She would like people to look at this as a prospect. For this to happen, a suitable site needs to be found
- Rolynd proposed a Lamb-to-Loom Moot, for next spring, in conjunction with Turm an dem See. It would include shearing of sheep, carding wool, dyeing wool, feasting, etc.

Next Meeting – August 29th at the A&S Moot

Letter From the Baron

Well met!

Thanks to all those who came out to help with the Neenah Library/farmer's market demo last weekend. It was particularly interesting, in that the park was also hosting a mass kayak launch, which made unloading interesting. The demo seemed to go pretty well. We handed out a lot of fliers, and spent more time working the crowd at the individual level and less working the crowd as a group.

Fighter practice continues, and attendance has been going up. Yay. Thanks to Kagemori for organizing that.

Coronation is coming up, September 12th for Prince Siegfried and Princess Elisabeth. If you would like to contribute to gift baskets, that would be lovely. Contact me directly for details.

Mearha and I are hosting an A&S moot at the end of the month; details will be found in this issue. It will be a "play with fire" day - a little blacksmithing, bead making, and knife making, plus twice my weight in reference books, an excellent heraldic library for name research, C&I, baronial court, all sorts of fun to be had. Baroness Eithni has promised to be on hand to provide guidance in documenting your A&S projects. It should be a productive day.

Locally, Poor Man's Pensic is next weekend, hosted by our neighbors in Falcon's Keep, and I hope to see lots of folks there. Remember, new site, and Saturday is a demo during the day. Wear your pretty gear, and be prepared to deal with the public.

There are lots of other fun events coming up, a little further afield, including Schutzenfest, Ages of War, Autumn Rose, and Cecil's Siege. Cecil's Siege is particularly fun. Not only can you see Calontir from the site, but the site has a truly impressive castle to fight on.

Last but not least, our next event is Crown Tourney, in Fond du Lac on October 10th. The



Congratulations

*To THL Friedrich, who
was placed on Vigil for
Elevation into the Order of
the Pelican and HE
Leaina, who was awarded
a Griffin's Sword, all at
Warriors and Warlords.
VVVA7!!*

SCA is a volunteer organization; please sign up early and often to help make this event a success!

-Travel safely,
Grimmund

A&S Moot

Saturday, August 29
Baron Grimmund's Home
1906 Pershing Rd, New London

Business Meeting at 11:00

A&S Activities to follow.

Potluck feast in the evening.

Baronial Court and bonfire following
feast.

Please bring lawn chairs, if possible

Baroness Eithni of Jaravellir,
Companion of the Order of
the Laurel will be present to
help teach the finer points of
documenting and research.

Other activities will include calligraphy
and illumination, bead making, garb
research, heraldry research, and knife
making.

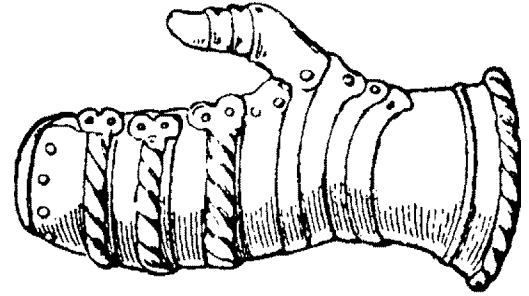
Directions to the home of Baron Grimmund:

From Appleton: Take Hwy 15 from Appleton to
New London.

From Green Bay: Take Hwy 54 to New London.
Turn right onto US 45. At the traffic signal, turn
right.

For Both:

Turn left at the first street (Beckert Rd) past the
Hwy 45 intersection. Continue on Beckert for .9
mile to Oshkosh St – turn right. Continue to the
second stop sign on Oshkosh St and turn left on
Pershing Rd. Baron Grimmund's house is a yellow
house with a green roof on the left. If you have
any trouble finding it, call 920-250-2662 for
directions.



Knight's Marshall Position Opening

The Barony of Windhaven currently has the
Knight's Marshall position open. This position is
considered a great officer in the barony. Any
individual who is interested in filling this position
should be familiar with the requirements of the
office as stated in the Baronial Policies and
Procedures and **MUST** be present at the August
business meeting on August 29, when polling will
take place to fill the office.

From the Chronicler

Greetings!

July has been a pleasant month with comfortable
temperatures and clear breezy days. My garden
would have liked more rain, but the cooler temps
made it tolerable. The raspberries have been
prolific – VERY prolific, and I now have raspberry
jam for gift baskets and berries in the freezer for
the cold winter months.

Warriors and Warlords was a fun – and
occasionally – exciting event. Grimmund and I
awoke Friday morning to a storm of monumental

proportions, which seemed determined to blow us all away. That was a kind of excitement I can live without.

The other excitement happened in court when we saw another member of our barony put on vigil for the Order of the Pelican. That is a kind of excitement that I never get tired of. That is part of what makes the SCA fun for me.

I am looking forward to the A&S Moot at the end of this month. I think it will be a great opportunity to gain knowledge in an area that folks have expressed an interest in. Hope to see many of you there.

Peace,
Mearha



Wild Carrot (*Daucus carota*)

*Submitted by
Brother Coenred of Windhaven*

Queen Anne's Lace is the wild progenitor of our cultivated carrot. It still has many of the properties lost in cultivation.

Other Names: Queen-Anne's lace, Bees' Nest, Bird's Nest, Carrot, Carotte, Carrot, Wild Carrot, Yarkuki, Zanahoria Wild Carrot, Birds Nest Weed, Devils Plague, Garden Carrot, Bee's nest

Wild carrot is a biennial herb; originally a native of Southern Europe but it has become widespread

throughout the United States and Canada. It is a common roadside weed in Wisconsin, usually blooming at the same time as wild chicory.

Wild Carrot prefers sunny areas and a well-drained neutral to alkaline soil. It spreads very quickly. In its second year, from a taproot (the carrot) stems grows to a height of two to four feet or more, they are erect and branched, both stems and leaves are covered with short coarse hairs. The leaves are very finely divided-tri-pinnate, alternate, and embrace the stem with a sheathing base. The two to four inch "flower" is actually a compound of terminal umbels, made up of many small white flowers. The central flower of the Umbelliferae is often purple. A ring of finely-divided and leaf-like bracts grows at the point where the umbel meets the stem. Blooming from June to August, but often continues to bloom flowers much longer. Its root is small and spindle shaped, whitish, slender and hard, (tender when young), but soon gets tough, with a strong aromatic smell. Harvest entire plant in July or when flowers bloom, and dry for later herb use. Collect edible roots and shoots in spring when tender. Gather seed in fall.

Properties

Wild Carrot is edible and medicinal; the root is edible cooked or raw and the flower clusters can be french-fried for a carrot-flavored, quite attractive dish. The aromatic seed is used as a flavoring in stews and soups. Used for centuries as an alternative medicine.

A medicinal infusion is used in the treatment of various complaints including digestive disorders, (soothes the digestive tract), kidney and bladder diseases and in the treatment of dropsy, it supports the liver, stimulates the flow of urine and the removal of waste by the kidneys. A wonderfully cleansing medicinal herb, an infusion of the leaves has been used to counter cystitis and kidney stone formation, and to diminish stones that have already formed. The seeds can be used as a settling carminative agent for the relief of flatulence and colic.

Wild Carrot leaves contain significant amounts of porphyrins, which stimulate the pituitary gland and lead to the release of increased levels of sex hormones, and stimulate the uterus. The plant is also used to encourage delayed menstruation, can

induce uterine contractions and so should not be used by pregnant women. The seed is a traditional 'morning after' contraceptive and there is some evidence to uphold this belief. An essential oil obtained from the seed has also been used cosmetically in anti-wrinkle creams. A strong decoction of the seeds and root make a very good insecticide.

Folklore

The name 'Carrot' is Celtic, and means 'red of color,' and Daucus from the Greek dais to burn, signifying its pungent and stimulating qualities. An Old English superstition is that the small purple flower in the center of the Wild Carrot was of benefit in curing epilepsy.

Recipe "Medicinal" tea: To 1 OZ. of dried herb add 1 pint of boiling water steep 10-15 min. drink three times a day.

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