

The Village Idiot

Newsletter of the Barony of Windhaven

June AS XLIV

Minutes of the May Business Meeting

May 17, 2009

3:00 - Stone Cellar Brew Pub, Appleton, WI

Seneschal's Report: No Announcements

Chancellor of the Exchequer's Report: Giana's quarterly report was filed on time. Current fund balances include around \$5,000 plus interest in CD's and \$2,871 in checking.

Herald's Report: Lady Eva was not in attendance due to her college graduation.

Chronicler's Report: THL Mearha published the May newsletter as interim chronicler. She is requesting that anyone who is currently working on any project, researching any subject, or reading a book should consider writing an article for the newsletter. She has offered to help those who aren't comfortable with the idea of writing by developing an outline with them.

Chatelaine's Report: Lady Gwen has received several requests for demos.

MOAS Report: There has not been much activity. Baroness Leaina has some ideas for the summer.

Knight's Marshal's Report: This position is currently open due to Lord Hamish moving out of the Barony.

Archery Captain's Report: No report.

Rapier Captain's Report: Lord Charismos reports that he will be scheduling rapier practice for Tuesday nights at 6:00 pm at Memorial Park. He has received a number of requests for patterns for fencing jackets.

Baron's Report: Baron Grimmund reports that he went to Crown Tournament.

Old Business:

- Fall Crown Bid – The Barony's bid was accepted.
- Bardic Madness – THL Friedrich reported that Mistress Eliane's timetable for requesting bids for Bardic Madness is WW. He will be submitting our formal bid by that time.

New Business:

Election of Officers:

- THL Mearha was nominated and elected as chronicler for the Barony.
- Rapier Captain: Lord Charismos was nominated and elected as rapier captain for the Barony.

Fighter's School: Anyone who is interested in submitting a proposal for Fighter's School should be prepared to do so at the next business meeting.

Next Meeting – June 7th at Memorial Park

Accepting Proposals

The Barony of Windhaven will be considering proposals for its bi-annual Fighter's School event at the June business meeting. Individuals who wish to submit a proposal at that time should contact Lady Elspeth O'Leary, Seneschal for more information.

CONGRATULATIONS!! CONGRATULATIONS!!

**To Lord Seren Cynydd on being
awarded the Griffin's Sword at
Castle Fever. VIVAT!!**

Letter From the Baron

Well met!

Spring is in the air, and camping season is well underway! June brings a number of events: Mermaids will be underway as this is published. Woodland Romp and Border Skirmish will be happening shortly, and further afield, Lilies, Bardic Madness, Moorish Tavern, and That's Amare. I particularly encourage people to go to Woodland Romp, which is only two hours north of Green Bay, and Border Skirmish, which will be at a new site this year. Come on down and thump our Midrealm cousins, with whom we'll be allies at Pennsic.

Closer to home, the Business Meeting will be Sunday, June 7th. You'll need to leave Woodland Romp by noon. ☺ Agenda items should be to the Seneschal at least a day ahead of time. If memory serves, we'll be hearing proposals for Fighter's School, among other things.

Speaking of the business meeting, congratulations also to the Honorable Lady Mearha, who was elected Chronicler. I'm sure we're all looking forward to what you can do with the Village Idiot. Thanks for volunteering, and thanks also to Lady Brigid for her efforts with the Idiot.

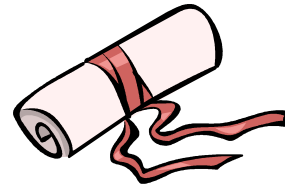
We also have a new Rapier Marshal in town. Congratulations, Lord Charismos, and thanks for taking the job. We will apparently be having rapier practices on Tuesday nights, weather permitting, at the usual fighter practice site in Memorial Park.

In other martial news, congratulations go out to the Queen and our new Princess. Her Majesty Ailleanne authorized weapon and shield, and spear,

and Her Highness Elizabeth has authorized with single rapier.

As always, if you have questions, concerns, or advice for me, feel free to provide it to me directly. My phone numbers are in the contact information and in the footer of every email. No calls after 9 pm please and thank you.

Warm regards,
Grimmund



**CONGRATULATIONS TO
LADY EVA ON HER
HARD EARNED
GRADUATION!!!**

AN ANNOUNCEMENT FROM THE RAPIER CAPTAIN

Greetings to all and singular,

Starting on May 26, Tuesday, the Barony of Windhaven will be reopening rapier practices beginning at 6pm. These practices will be run on every Tuesday at 6pm throughout the summer except for where conflicted by events (such as Pennsic).

Practices will be hosted in Appleton, WI at Memorial Park. This park is located near the major intersection of Ballard Rd and Northland Ave. Ballard Ave does have an exit interchange with US 41 and numerous eateries around it.

As we are attempting to grow rapier into yet another more vibrant part of the wondrous Barony of Windhaven, we are asking when you have time to visit and poke us that you please do. We have a number of newer players interested and a few veterans looking to continue advancing their games as well. So, just in case you didn't know.....

The Windhaven practice site is only approximately:

34 miles and 40 minutes from central Green Bay
100 miles and 1 hour, 40 minutes from Milwaukee
110 miles and 2 hours from Madison
68 miles and 1 hour, 15 minutes from Stevens Point

So if you have time, we humbly ask that you come and help us grow back to vitality. So please mark your calendars, we hope to see you out.



The Medicine Garden

by
Brother Coenred of Windhaven

This is the time of year for the pesky dandelion weed to make its presence know in our yards, gardens, and wherever else it can get established. It has been used throughout the ages as a medicinal plant. Dandelion (*Taraxacum dens-leonis*) is also known as Fairy clock, Lion's Tooth, Pissenlit, Priest's crown, and Telltime. It has been used as a tonic and diuretic. The parts that are usually used are the leaves, the flowers, and the roots.

What It Is Used For

Historically, dandelion was most commonly used to treat liver diseases, kidney diseases, and spleen problems. Less commonly, dandelion was used to treat digestive problems and skin conditions. It increases the activity of the liver, spleen, and pancreas. A tea made of the leaves was believed to purify the blood and help to regulate bowels. Tea from the roots was used for people afflicted with jaundice, kidney trouble, fever, inflammation of the bowels, or eczema. Today, dandelion is used by

some as a liver or kidney "tonic," as a diuretic, and for minor digestive problems.

How It Is Used

The leaves and roots of the dandelion, or the whole plant, are used fresh or dried in teas, capsules, or extracts. Dandelion leaves are used in salads or as a cooked green, and the flowers are used to make wine. The flowers can be boiled to make a wine or yellow dye. The roots can be made into a coffee-like drink by grinding, roasting, and brewing. They can also be boiled to make a magenta dye.

What the Science Says

There is no compelling scientific evidence for using dandelion as a treatment for any medical condition.

Side Effects and Cautions

Dandelion use is generally considered safe. However, there have been rare reports of upset stomach and diarrhea, and some people are allergic to the plant. Because it has astringent properties, it should never be used in people who are constipated. Further, persons using medications for high cholesterol or have known liver, kidney, or gallbladder disease should not ingest products made from dandelion. Tell your health care providers about any complementary and alternative practices you use. Give them a full picture of what you do to manage your health. This will help ensure coordinated and safe care.

FROM THE CHRONICLER
FROM THE CHRONICLER

Greetings!

I'm honored to be able to serve the Barony as an officer again. As with all offices, this will have a slight learning curve as I come to understand the ins and outs of publishing a newsletter.

I welcome any submissions from the populous of the Barony, whether it is articles, announcements, photographs, or what have you. I intend to have the newsletter on the website as close to the first of the month as possible, so please get submissions to me within the week before that date.

I would like to see more articles about what you all are interested in, so I may be coming to you at an

event and talking with you about your projects to encourage you to write an article or to write an article about what you are doing. I know not everyone likes to write so I am happy to help you out with that process so that you can share what you are doing with others. I feel that is a positive way to show others how talented the members of our barony are.

If you have questions or concerns about the newsletter, its layout or content, please let me know. I want it to be something that we can all be proud of.

Peace

Mearha

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